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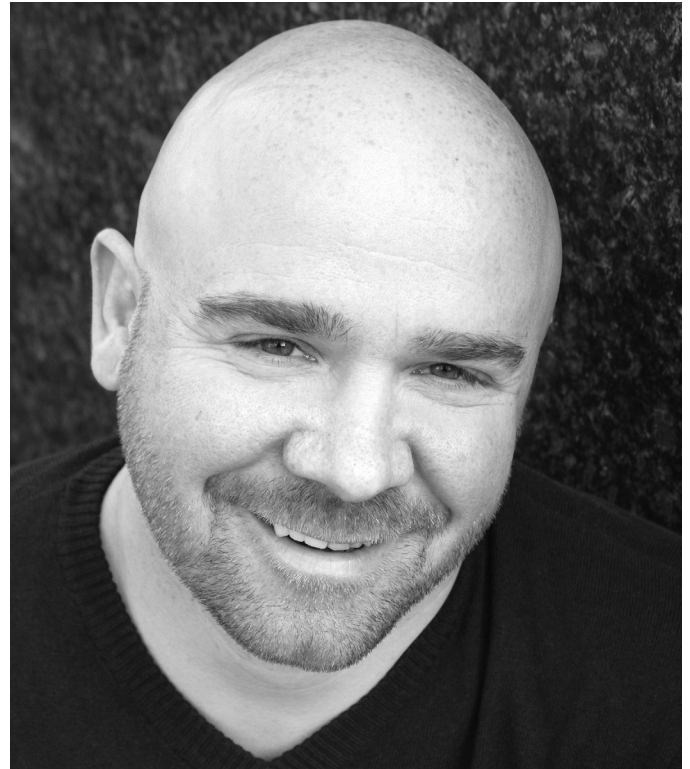
**HUMAN RIGHTS
DEFENDERS WHO
ARE CHANGING
OUR WORLD**

**JAMIE NABOZNY
BULLYING: LANGUAGE, LITERATURE AND LIFE**

JAMIE NABOZNY

(HE/HIM/HIS)

“AND THIS LAST FALL WAS A TURNING POINT, I DON’T THINK JUST FOR THE GLOBAL MOVEMENT, BUT FOR THE BULLYING MOVEMENT BECAUSE PEOPLE STARTED SAYING, ‘IF KIDS ARE KILLING THEMSELVES BECAUSE OF WHAT’S HAPPENING IN SCHOOLS, WE NEED TO DO SOMETHING ABOUT THAT. IF KIDS ARE KILLING THEMSELVES BECAUSE OF OUR SOCIETY’S ATTITUDES TOWARD THEM AND WHETHER OR NOT THEY SHOULD EXIST, WE NEED TO DO SOMETHING ABOUT THAT.’”



Jamie Nabozny was born in 1975 in Ashland, Wisconsin. He knew he was gay from a young age, and he was often subjected to physical violence and degradation. This abuse continued through high school, in spite of the fact that he reported it to teachers and administrators. They suggested he “stop acting so gay.” He attempted suicide several times.

Nabozny moved to Minneapolis, where he discovered that his story was not unique. Many other gay, lesbian, bisexual, and transgender youth were enduring similar abuse so, with the help of the Lambda Legal Defense and Education Fund, he filed a lawsuit against his school district and school officials. His 1996 suit, *Nabozny v. Podlesny*, eventually led to a landmark legal decision—the first judicial opinion in American history to find a public school accountable for allowing anti-gay abuse. For LGBTQ+ students across the United States, the decision means that they are entitled to a safe educational experience.

In 2010, the Southern Poverty Law Center produced a documentary based on Nabozny’s experiences, *Bullied: A Student, a School and a Case That Made History*.

INTERVIEW WITH JAMIE NABOZNY

EXCERPTS FROM A SPEECH GIVEN AT BRIDGEWATER STATE UNIVERSITY,
APRIL 5, 2011.

I'd like to start with telling you a little bit of what happened to me when I was in school. The harassment started when I was in seventh grade, and it started with verbal harassment as it often does. Kids were calling me "fag" and "queer," and why they targeted me I don't know, but they did. I wasn't interested in girls, I wasn't interested in sports, and so for a variety of reasons I was singled out and targeted. I also happened to be gay, and so the harassment started. I went into the student handbook and looked up harassment and found out what steps I was supposed to take to address the harassment, and that involved telling the guidance counselor, who directed me to the principal of the school. And in the very beginning, the principal said things to me like, "I'll take care of it," "I'll deal with it," and nothing changed. The harassment continued.

Until one day in seventh grade, I was in a bathroom with my brother and some kids actually ended up pushing us into the stalls and punching us. And I thought, "Okay, now that it's turned violent the principal has to do something." So I went into her office and told her what happened, and she said to me, "Jamie, if you're going to be so openly gay, these kinds of things are going to happen to you." And I was shocked, I left school and was suspended for leaving school without permission. I went home and told my parents, and my parents demanded a meeting with these kids and their parents. There were two of the kids, one of the moms came, my mom, my dad, me, my brother, and the principal of the middle school. And at that meeting we talked about what had happened. The principal of the middle school actually said, "Mr. and Mrs. Nabozny, boys are going to be boys, and if your son is going to be openly gay he has to expect this kind of stuff." Well, as you can imagine, that sent a green light to those kids that it was OK to continue to harass me. And from that episode, the harassment continued to escalate. I attempted to kill myself, was put into an adolescent psych ward, and then was returned back to the middle school in the eighth grade.

Partially through my eighth grade year I was in a science classroom and sitting next to two of the boys who were my biggest harassers, and they started groping me and grabbing me and pushed me to the ground and pretended like they were raping me in front of the entire class. The teacher was out of the classroom. I got up, my shirt was ripped, I was crying, I ran to the principal's office, expecting, surely she's going to do something now, it's a sexual thing and I know there's a lot of rules about sexual harassment and what you're not supposed to do in school. And she just looked at me and shook her head and said, "Jamie, if you don't have an appointment then I don't have anything to say to you." I left school, and went home and I attempted to kill myself again. I then went back to Ashland and started my freshman year in high school. And my parents tried to assure me that things would be different, the kids who were harassing me were now freshmen, and the older kids wouldn't know who I was. Well, in my third week of school I was pushed into a urinal and urinated on. And when I went to tell them at the office, I actually didn't even get to see the principal. The secretary called the principal and I was told to go home and change my clothes, and nothing was done about what happened to me. I quickly realized that I needed to figure out some survival mechanisms to get me through school.

And basically a lot of times I thought I had [gone] numb between my ninth grade year and the last incident that happened to me, because I really didn't show my emotions at school. I'll tell you, I showed them at home. I would go home and lock myself in my room and cry, and my parents were at the end of their ropes, trying to figure out what to do and trying to help me.

So in my 11th grade year, I had found a place to hide in the morning before school started, and that particular day I didn't hide well enough. Some kids found me, and I was sitting cross-legged on the floor, and one of them kicked the books out of

my hands, and said, “Get up and fight, faggot.” And when I went to pick the books up, he started to kick me, and he continued to kick me and kick me until the lights in the library went on, which meant that the librarian was there, and at that point they took off. I had to be taken to the hospital; I had to have emergency abdominal surgery for internal bruising and bleeding. My spleen had ruptured and I had a tear in my stomach. And I knew I wasn’t ever going to be safe at school and I knew I had to leave Ashland. I ended up running away to Minneapolis-St. Paul, which was the only place I knew gay people existed, and figured I would be safe there. I got down there and quickly realized that there’s not a lot that I could do when you’re 17 to survive on the streets, or at least not things that I was willing to do, and so I called home and told my parents, “You know how bad it is for me at school, just let me live here and go back to school and be safe.” And my mom said it was the hardest thing that she ever had to do, was to let me go. I was only 17, and I had just turned 17 at that point.

And so while I was in Minneapolis, I ended up going to what was, at the time, the Gay and Lesbian Community Action Council, and I ended up meeting with their crime victims advocate, who happened to be a lawyer, and she told me that what happened to me was wrong and it was illegal and I needed to sue my school. And I went home and I called my parents and I told them about this crazy lesbian lawyer at the Community Action Council and her crazy ideas about suing the school. And my mom was silent for a second, and I could tell she had tears in her eyes, and she said, “Jamie, you need to do this, too many kids are suffering out there. And you have the ability to stand up and fight back.” And she said, “Somebody needs to say this is wrong.”

And so I went back to the crazy lesbian lawyer and I said, all right, I’ll do it. We ended up finding a lawyer locally; the case was initially thrown out by a federal judge, and at that point Lambda Legal stepped in and took over the case and joined up with Skadden Arps, which for any of you who know, it’s one of the largest law firms in the world, and it was one of their partners in the Chicago firm who was my lead attorney. And not only did he take my case, but he came out as a gay, HIV-positive man to his entire firm. And he said this is the case that he wanted to be remembered for, not all of the other cases that

he had done. And so, just amazing people that were working on my team.

So we won a verdict against the three principals and not the school district, and a lot of people wanted to know, why didn’t they find the school district guilty? Well Wisconsin has had a law on the books since the early 1980s that said discrimination against students based on their sexual orientation was wrong. The school had a policy, and as a district, the building and the laws were there to protect me, but the people who were in charge of making sure those laws and policies were followed through on didn’t do their jobs. And ultimately I think it was the best possible outcome for the case, because what this holds is that school administrators now have a personal responsibility to protect students from harassment and if they do not they can be individually sued, much like a doctor for malpractice. I’ve always said I don’t care why people do the right thing; they just need to do the right thing. And if it means they’re afraid of losing their house or their life savings, then hey, they’ll protect kids, and that’s what needs to happen.

The case sent a message across the country that it was not OK to allow GLBT kids to be harassed and bullied in schools. And one of the things that I think sent that message loud and clear was that there was a settlement reached for \$900,000. I think the message was loud and clear that if you’re going to discriminate against GLBT kids then you’re going to pay the price. And I naively believed that things would change overnight. And fast-forward 15 years. This last fall, as you saw on the news there were a lot of suicides, and specifically gay suicides, because of anti-gay bullying and abuse that kids were suffering. And one of the things that I think is important to realize is that suicides and anti-gay bullying isn’t on the rise, it’s just that someone started paying attention last fall. And I think it’s a really important clarification to make. This has been happening for a very long time. And so I started thinking about the fact that I wanted to go back out and talk about this issue, I wanted to tell my story, I wanted to talk about bullying again.

I think there are three main things that need to happen. The first thing is prevention. If you prevent something in the first place, then you don’t have to deal with it. It’s a pretty simple concept that

seems to be forgotten over and over in this country; however, it's going to be something that we are going to have to look at, and look at seriously. And some things that I think need to happen in prevention: It needs to start early. It needs to start in grade school and earlier. We need to teach children the skill of empathy. Our culture doesn't do a good job of teaching the skill, and unfortunately parents don't seem to be doing a good job of teaching the skill, and the reality is that there have been studies done that say you can teach empathy. We need a comprehensive approach to bullying. What I mean by that is we need to address all the people involved in bullying, we need to train staff, we need to get the victims help so they don't internalize the messages that they hear, we need to help the bullies to understand why they're bullying and make sure that they don't end up living a life of crime, of domestic abuse, all the things that end up happening when we don't address the issue of bullying.

I realize that there's a lot of work to be done, but I'll tell you what I'm hopeful about. We are at a turning

point, and this last fall with all the media coverage that was happening, I compare that to, in a lot of ways, what happened at the turn of the civil rights movement when people started getting involved and caring. And what was it? It was media coverage. For the first time they were putting on the TVs pictures of people being hosed down in the streets, beaten in the streets, and America started to care, because I believe America does have a big heart, they just need to see something to get involved. And this last fall was a turning point, I don't think just for the GLBT movement but for the bullying movement. Because people started saying, "If kids are killing themselves because of what's happening in schools, we need to do something about that. If kids are killing themselves because of our society's attitudes towards them and whether or not they should exist, we need to do something about that." And so, as much as I'm here to tell you there's a huge problem in this country, I'm also here to tell you that there is hope, and I know that things are changing, and things will continue to change, but it's going to take work, and it's going to take all of us.



BULLYING: LANGUAGE, LITERATURE AND LIFE

LESSON GRADE LEVELS 7 TO 12

STANDARD OF LIVING, EDUCATION, FREEDOM FROM PERSECUTION, FREEDOM FROM DISCRIMINATION

UNIVERSAL DECLARATION OF HUMAN RIGHTS

- **ARTICLE 2:** Right to freedom from discrimination.
- **ARTICLE 3:** Right to life, liberty, and personal freedom.
- **ARTICLE 5:** Right to freedom from torture and degrading treatment.
- **ARTICLE 25:** Right to an adequate standard of living.
- **ARTICLE 26:** Right to an education.

TIME REQUIREMENT

210 minutes

GUIDING QUESTIONS

- What does it mean to be a bully, victim, bystander, and defender?
- How does language usage contribute to our understanding of bullying, our tolerance of bullying, our comfort at stepping in to stop bullying or being a bystander?
- How has the depiction of bullying changed throughout the years?
- What can we learn from historical portrayals of bullying?

OBJECTIVES

By the end of the lesson, students will:

- Interpret language as a factor in perpetuating or preventing bullying.
- Identify attitudes and behaviors that are consistent with bullies, victims, bystanders, and defenders.
- Understand the impact of one person standing up to and speaking out against bullying.
- Examine, through a literary lens, factors that contribute to bullying behavior.
- Develop an understanding of personal language use as a tool to stand up to bullying.

COMMON CORE LEARNING STANDARDS

- CCSS.ELA -LITERACY.RH.6-8.1.
- CCSS.ELA -LITERACY.RH.9-10.1

- CCSS.ELA -LITERACY.RH.11-12.1
- CCSS.ELA -LITERACY.RH.6-8.4
- CCSS.ELA -LITERACY.RH.91- 0.4
- CCSS.ELA -LITERACY.RH.6-8.6
- CCSS.ELA -LITERACY.RH.91- 0.6
- CCSS.ELA -LITERACY.RH.11-12.6
- CCSS.ELA -LITERACY.RH.6-8.8
- CCSS.ELA -LITERACY.RH.9-10.8
- CCSS.ELA -LITERACY.WHST.11-12.8

CONCEPTS

- Empathy
- Fairness
- Justice
- Values
- Cultural norms
- Systemic change

VOCABULARY

- Passive
- Aggression
- Bystander
- Brave
- Harass
- Harassment
- Insecurity
- Coward
- Panic
- Respect
- Scared
- Shun
- Rumors
- Target
- Tease
- Trust
- Victim
- Wronged
- Intimidate

TECHNOLOGY REQUIRED

- Internet

MATERIALS

- Text pulled from required reading list.
- Student handouts: www.rfkhumanrights.org/ click on Speak Truth to Power I click on “Defenders” tab

ANTICIPATORY SET

- Write the word “bullying” on the board. Ask the students to come up and write the first thing that comes to their minds when they read that term.
- After the board is filled, ask the students to explain their responses.
- Ask the students the following questions:
 - What is bullying?
 - Whom does bullying impact?
 - What does bullying look like?
 - What roles might people play in a bullying situation?
- Identify commonalities and differences among the responses, and group emerging themes.
- Present to the students the vocabulary words associated with bullying and handout #1.
- Ask the students to identify commonalities and differences among the words and issues raised in the handout and in the class discussion on bullying.
- Based on both discussions, have the class formulate a definition of bullying. Post this definition in the classroom.
- Present the students with handout #2.
- Ask the students to write one thought about the statistics. Share them with class, and save them for use during the culminating activity “write the next chapter.”

STUDENT ACTIVITIES

ACTIVITY 1

- Provide the students with a selection of readings from course-required textbooks. Choose from books that represent a range of genres and from books that were written in an earlier time period (i.e. the classics).
- Have each student select four to five readings from the list provided.
- Individually, have students explain how the text portrays bullying. This can be from the perspective of the bully, the victim, the bystander, or the defender. Ask the students to capture attitudes, behaviors, language use, means of communicating, and actions.
- In small groups, have the students share their interpretations of the texts. Ask the students to look for similarities and differences in their reading and interpretations, and ask the students to share in groups the comparisons.

ACTIVITY 2

- Follow the same steps as Activity 1, but this time select readings from contemporary books.
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ACTIVITY 3

- In small groups, have the students select one scene that depicts bullying from the text they have studied and reviewed.
 - Ask the students to share how they would change the scene to an anti bullying scene. Students can act out the scene using spoken word or any means they feel will best allow them to demonstrate how they would change the scene.
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CUMULATIVE ACTIVITY

- Compare responses to bullying as portrayed

in the selected readings from both the earlier and more contemporary texts. Highlight the commonalities and differences.

- Reflect on the definition of bullying from the anticipatory set. Drawing on what the students have learned about language use, words, and bullying from a literary perspective, and using the class definition of bullying, have the students “write the next chapter” on bullying.
- How would they like to see bullying change? How would they portray bullying in their own language, in their school, through their own

means of communication (such as art, poetry, drama, spoken word, blog)?

- Present the final projects as part of an anti-bullying program or day at the school.

EXTENSION ACTIVITY

- Have the students compare language use that portrays an aspect of bullying in novels with language used with cyberbullying.

BECOMING A DEFENDER

- Map your school’s efforts to stop bullying through the following efforts: programs, safe spaces, reporting, and support. Include both school-based bullying and cyberbullying in your mapping exercise.

- Create a map that shows the impact of the anti-bullying programs, highlights safe spaces for students, provides an overview of how a student reports cases of bullying, and support systems for both the bully and the bullied.

- From what is learned from the mapping exercise, work with teachers, staff, and parents to further the efforts to stop bullying in your school. Examples of what you can do include:

- Have each student write and sign an anti-bullying pledge (include school-based bullying and cyberbullying). Display the pledges at various locations as a reminder of the community’s commitment to a bully-free school.
- Create a handout to include whom you should go to and whom you should contact if you are bullied or see a bullying incident. This should include teachers, administrators, 911, and the

state department of education. If the bullying is based on race, call the U.S. Department of Education Office of Civil Rights. Include this information in the student handbook and make it visible around the school.

- Make sure hotlines and other safety network numbers are visible and available to all students
- Share your work with the wider community. In particular, consider hosting a family and/or a community anti-bullying night. Highlight the role that parents, family members, and community members can play in creating a safer place for all children. Have all participants write and sign an anti bullying pledge.
- Write “the next chapter” on bullying for your social media sites and to share with the Speak Truth to Power program. The next chapter can include anti-bullying posts on your social media sites, taking an active role in stopping bullying in your school, and sharing your work with the wider community.
- In writing the next chapter, use inclusive and community-enhancing language

ADDITIONAL RESOURCES

JAMIE NABOZNY

http://www.jamienabozny.com/Home_Page.html

This website serves as the center for Jamie’s work against bullying. Through this site, you can read testimonials, find out more about his current activities, and even contact him for a possible visit to your school or town.

ANTI-BULLYING ACTIVIST ENCOURAGES STUDENTS TO TAKE A STAND

<http://www.cantonrep.com/article/20110922/News/309229835>

An article recounting Jamie Nabozny’s visit with the students of McKinley High School in Canton, Ohio, with great student reactions to his presentation.

NOT IN OUR TOWN: LIGHT IN THE DARKNESS

<https://www.niot.org/lightinthedarkness>

Not In Our Town: Light in the Darkness is a one-hour documentary about a town coming together to take action after anti-immigrant violence devastates the community. In 2008, a series of attacks against Latino residents of Patchogue, New York, culminate with the murder of Marcelo Lucero, an Ecuadorian immigrant who had lived in the Long Island village for 13 years.

PATCHOGUE PLUS THREE: A LOOK BACK AT A FATAL HATE CRIME

<https://www.thirteen.org/metrofocus/2011/09/patchogue-plus-three-a-look-back-at-a-fatal-hate-crime/#>

This article from *Metro Focus* examines the case of Marcelo Lucero, who was killed in 2008 after being attacked by a group of teens who made a game out of attacking Latinos in their neighborhood. Since this brutal attack, Marcelo’s younger brother Joselo has dedicated his life to criticize the anti-immigrant violence in his hometown of Suffolk County.

IT GETS BETTER PROJECT

www.itgetsbetter.org

The It Gets Better Project was created to show young LGBTQ+ people the levels of happiness, potential, and positivity they will reach in their lives—if they can just get through their teen years. The It Gets Better Project reminds teenagers in the LGBTQ+ community that they are not alone, and it *will* get better.

THE MEGAN MEIER FOUNDATION

<http://www.meganmeierfoundation.org/>

The Megan Meier Foundation brings awareness, educates, and promotes positive change in response to the ongoing bullying and cyberbullying in our children’s daily environment.

THE GAY, LESBIAN AND STRAIGHT EDUCATION NETWORK

<https://www.glsen.org/>

The Gay, Lesbian and Straight Education Network strives to ensure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression.

ALEX HOLMES—TAKING A STAND: FROM BULLIED TO ANTI-BULLYING LEADER

<https://inspiremykids.com/alex-holmes-making-a-stand-from-bullied-to-anti-bullying-leader/>

Alex Holmes, a teenager in England who got bullied himself, decided to take a stand. He invented a role at his school called a “student anti bullying coordinator.” Then he started organizing events, creating videos, running campaigns, and getting other students involved as ambassadors, event leaders, and bully “patrollers.” This site features a video that tells Alex’s story as well as some ways to bring this message to a classroom or school.

GUIDELINES AND RESOURCES FOR SOCIAL AND EMOTIONAL DEVELOPMENT AND LEARNING IN NEW YORK STATE

<http://www.p12.nysed.gov/sss/sedl/SEDLguidelines.pdf>

This guidance document aims to give New York State school communities a rationale and the confidence to address child and adolescent affective development as well as cognitive development. By attending to the students' social-emotional brain development and creating conditions where school environments are calmer and safer, teachers can teach more effectively, students learn better, and parents and community members can feel pride in a shared enterprise.

NEA'S BULLY FREE: IT STARTS WITH ME

<https://www.nea.org/professional-excellence/just-equitable-schools/core-values/preventing-violence-bullying>

The NEA's Bully Free program is a part of the NEA's Issues and Actions program, designed to help students and teachers prevent and deal with bullying across the U.S.

BORN THIS WAY FOUNDATION

<http://bornthiswayfoundation.org>

Led by Lady Gaga and her mother, Cynthia Germanotta, the Born This Way Foundation was founded in 2011 to foster a more accepting society, where differences are embraced and individuality is celebrated. The foundation is dedicated to creating a safe community that helps connect young people with the skills and opportunities they need to build a braver, kinder world.